

Lunch

Starters & Soups

House Greens 6

Local greens, champagne vinaigrette

Grilled Vegetable Quesadilla 10

pico de gallo, chihuahua cheese

Country Crock Onion Soup 6

Homemade crouton, baked Au gratin style

Hearts Romaine Caesar 7

Caesar Dressing, grated parmesan, herbed croutons

Peel and Eat Shrimp 12

Half-pound spiced with Old Bay, 'Bloody Mary' cocktail sauce

Salads

Our Classic Cobb Salad 11

Meslun Greens, grilled chicken, bacon, tomatoes, boiled organic egg, avocado, Swiss, crumbled Gorgonzola, choice of dressing

Blackened Shrimp Caesar Salad 13

Romaine hearts, herbed croutons, Caesar dressing, pan blackened shrimp, grated Reggiano parmesan

Spice Rubbed Salmon Salad 13

Mixed greens, julienne vegetables, light honey-mustard dressing

Chopped Salad 11

Chopped greens, chicken, Blue cheese, tomatoes, red onion cooked egg and avocado tossed in a Balsamic vinaigrette

Sandwiches

½ & ½ Trio 11

Choose any half sandwich, with a half-sized green salad and cup of soup

Grilled Chicken Caprese 10

Marinated chicken breast, sliced tomato, fresh buffalo mozzarella, pesto mayonnaise, toasted ciabatta bun

Triple-Decker Club 9

Ham, turkey, salami, swiss, lettuce, tomato, bacon, toasted honey-wheat bread

Grilled Chicken Caesar Wrap 9

Caesar salad, marinated chicken, spinach tortilla, Fries

Seared Tuna Club 12

Smoked Bacon, Avocado, Meslun Greens, Mayo, whole Wheat , Fresh Cut Fruit

Big Plates

Angus 'Thick and Juicy' Burger 10

Half pound angus burger, with choice of cheddar or Swiss and mushrooms or bacon

Maryland Crab Cake Sandwich 16

Sautéed to golden brown, tartar sauce on the side, French fries

Mother Jones Southern Fried Chicken 15

Skillet macaroni and cheese

Mushroom Fettuccini Primavera 11

Fresh Garden vegetables, light champagne alfredo sauce

Penne Shrimp & Andouille 12

Roasted peppers, corn, green onion, roasted garlic-tomato cream

Grilled Chicken Flatbread Pizza 10

Petite Greens , Balsamic Vinaigrette